

QUESTIONS ABOUT CREMATION FOR CATHOLICS



Upon receipt of the cremated remains of the body, what should I do with them?

The cremated remains of the body should be buried or entombed. Scattering the cremated remains of the body, keeping them at home, or dividing them among various family members is not the reverent disposition the Church requires.

Most Catholic cemeteries have grave space or niches for cremated human remains. This allows for visitation, memorialization, and prayers.

At the cemetery, a final prayer, the rite of committal, is prayed as the cremated remains of the body are laid to rest.



Sacred Heart of Jesus statue facing the Dome.

Recognizing that the goal of our lives is eternal life with God, we prepare for that by prayer, reception of the sacraments, and care for those around us. Preparation for death is an essential part of life as a Christian.

In today's society, for some, choosing cremation is part of that preparation for death. The Church continues to prefer and encourage the faithful to bury or entomb the bodies of their departed loved ones. However, if cremation is chosen for worthy motives, the Church wishes to support the faithful in honoring the life, faith, and memory of the departed.

Cremation may be a confusing issue for Catholics. At one time, the Church prohibited cremation, but this is no longer the case. We've provided some answers to the most commonly asked questions, and we hope this will be helpful in making your decision.

"For those who have been faithful, O Lord, life is not ended, but merely changed."

(MASS OF CHRISTIAN BURIAL)

When did it become permissible for Catholics to be cremated?

In 1963, the Catholic Church lifted its prohibition of cremation. Canon 1176 of the 1983 *Code of Canon Law* states, "The Church earnestly recommends that the pious custom of burying the bodies of the deceased be observed. It does not, however, forbid cremation unless it has been chosen for reasons which are contrary to Christian teaching."

Why was cremation prohibited?

Catholics believe that we are created in the image and likeness of God and that all of God's creation is sacred. Just as the body should be treated with respect in life, so should it be treated in death. As Catholics, we believe "in Baptism the body was marked with the seal of the Trinity and became the temple of the Holy Spirit;" and as such, "Christians respect and honor the bodies of the dead and the places where they rest" (OCF 19). During life, our body was baptized into the Lord and His promise of eternal life.

From the earliest days of Christianity, cremation was seen as a pagan ritual, perceived to be contrary to this and other Catholic teachings, and therefore, prohibited by the Catholic Church.

Today, cremation is prohibited only if the person choosing cremation is doing so to deny Christian teachings, especially that of the resurrection of the dead and the immortality of the soul.



The Grotto of Our Lady of Lourdes.

What is cremation?

Cremation is the process whereby the body is totally incinerated by intense heat and flame. All substances are consumed and vaporized except bone fragments and any noncombustible materials. The bone fragments may be further pulverized after cooling. These cremated remains weigh anywhere from 4 to 10 pounds.

What is the proper name for these remains?

What we commonly call "ashes" are not really ash as we know it, but bone particles. The proper terminology for the remains of the body after cremation is "cremated remains of the body." The Church also holds that these remains be treated with the same respect with which the body was treated prior to cremation, including the use of a "worthy vessel" or urn for the cremated remains of the body.

When should cremation take place?

The Church strongly prefers that cremation take place after the full funeral liturgy with the body present. "This is the body once washed in baptism, anointed with the oil of salvation, and fed with the bread of life." The Church's belief in the sacredness of life and the resurrection of the dead encourages us to celebrate the funeral liturgies with the body

present, while affirming the value of human life. As Catholics, we celebrate our funeral liturgies because they recall Christ's victory over death. With His victory comes our hope for eternal life.

If it is not possible for the body to be present at the Funeral Mass, local permission is needed for the cremated remains of the body to be present at Mass. Since it is the "earthly remains" and not the body of the deceased that is present, there are slight adaptations in the liturgy.

What Catholic rites are available for those choosing cremation?

The *Order of Christian Funerals* presents the Church's plan for the celebration of the death of one of the faithful. These rites assume the presence of the body, but adaptations are available for those choosing cremation. The *Order of Christian Funerals* consists of three parts:

Vigil and Related Rites and Prayers
Funeral Liturgy
Rite of Committal

The vigil and related rites and prayers give the family and friends an opportunity to gather in the presence of the deceased and to offer support and prayers to and for each other as well as the deceased, and recall their Christian life. The funeral liturgy, frequently celebrated within Mass, but which may be celebrated outside of Mass, allows us to relive the Easter mystery and Christ's promise of eternal life for His faithful people. The rite of committal is our farewell to our beloved brother or sister in Christ. At this time, we turn over the care of our loved one to the cemetery, as we await the resurrection of the dead, along with the communion of saints.

How should cremated remains of the body be handled?

Prior to cremation, arrangements should be made among the family of the deceased, the crematorium, the funeral director, and the cemetery concerning the disposition of the cremated remains of the body.

Most crematoria will ship the cremated human remains by registered mail, or some other secure service, to the person who is responsible for them.

Upon receipt, the cremated remains of the body should be handled, transported, and disposed of with respect.

References

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